



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### National Level

## Caitlin MacKee

This is to certify that Caitlin MacKee is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Caitlin competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

**Championship Success - 3 Gold 1 Silver 5 Bronze**

**Yorkshire Open Championships - 10<sup>th</sup> February, Barnsley**

Bronze - Individual Kumite

**Shindo Kai Championships - 24<sup>th</sup> March, Barnsley**

Gold - Individual Kata

Silver - Individual Kumite

Bronze - Pairs Kata

**Shindo Kai Grass Roots Championships - 30<sup>th</sup> June, Barnsley**

Gold - Individual Kumite

Gold - Team Kumite

**Wado UK Championships - 1<sup>st</sup> September, Hull**

Bronze - Individual Kumite

Bronze - Team Kata

Bronze - Pairs Kata



British  
Karate  
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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**Caitlin MacKee**

Congratulations on your sporting achievements throughout 2019. Well done Caitlin.

Sensei Wayne Clarke 3<sup>rd</sup> Dan  
Head Coach - The Hull & East Riding Karate Academy



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